

Entrance antiphon:

Of you my heart has spoken: seek his face.
It is your face, O Lord, that I seek; hide not your face from me.

Psalm response:

The Lord is my light and my salvation.

Acclamation:

Glory to you, O Christ, Wisdom of God the Father. From a bright cloud, the Father's voice was heard: 'This is my beloved Son, listen to him'. *Glory to you, O Christ, Wisdom of God the Father.*

The Apostles Creed is on page 456.

After the Bidding Prayers:

Hail Mary Full of grace, the Lord is with thee;
blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

To conclude the bidding prayers:

We give you thanks, Lord Jesus Christ,
for all the benefits you have gained for us,
for all the pains and insults you have borne for us.
Most merciful Redeemer, friend and brother,
may we know you more clearly,
love you more dearly
and follow you more nearly. Amen.
(*St Richard of Chichester*)

Communion Antiphon:

This is my beloved Son, with whom I am well pleased; listen to him.

*The newsletter is also available at www.saintmichaelsonningcommon.org.uk
If you do not need to take this one home, please do return it to the console at the back of Church after Mass, so that it can be reused. Many thanks.*

THE YEAR OF JUBILEE

Information about the Year of Jubilee can be found at www.birminghamdiocese.org.uk

Catholic Archdiocese of Birmingham Registered Charity No 234216



**Catholic Parish
of St Michael's
Sonning Common**

*Sonning Common, Dunsden, Peppard,
Checkendon, Stoke Row, Emmer Green
and Caversham Park*

www.saintmichaelsonningcommon.org.uk



PARISH NEWSLETTER

Second Sunday of Lent - 16 March 2025

THOUGHT FOR THE WEEK

Let Us Pray – a New Year's Resolution

Are you good at praying? Do you find it easy? Have you found a way of prayer that works for you? Is it part of your everyday daily routine? For me the answers are: I don't think so; no; sometimes and sometimes.

Perhaps that is why we are encouraged to put extra effort into our prayer life during Lent. It is like having a third crack at a spiritual New Year's resolution. If we tried in Advent (for the Church's New Year) and tried again for the calendar New Year we can start again in Lent. Even from the second Sunday it still isn't too late to have another go.

We all need to pray. It helps us to grow in God's love; to feel his presence and to hear what "I" am called to do and to be.

In today's Gospel, Jesus goes up the mountain to pray. If it was something He needed and wanted to do it is good enough for you and me. Here are some ideas that might help you (and me) re-energise our prayer lives and, with it, our relationship with God and our neighbours:

Choose a new time to pray, re-start an old time or add an extra time.

Put a reminder alarm on your phone

Pick a part of the Bible and choose it as your Lenten reading

Ask someone to pray with you

Follow the readings from each day's Mass; you can find them free on-line at www.universalis.com with an app for your phone too

Find a person or a situation to focus your prayer on (you might choose something different each week)

Try out one of the Monday Holy Hours at St Michael's (7pm)

Dig out an old prayer book and spend time rediscovering its contents

Search for a Lenten podcast and follow along

Put a book, a statue or rosary where you will see it as a reminder

Every time we start to pray, are distracted, and restart we are just making another prayer.

A Parishioner

WELCOME TO ST MICHAEL'S

If you are a visitor or new to the parish, we welcome you warmly.

Catholic Parish of St Michael,

18 Peppard Road, Sonning Common, RG4 9SU Tel: 0118 972 3418

Email: stmichael.sonningcommon@rcaob.org.uk

Website: www.saintmichaelsonningcommon.org.uk

St Michael's Hall Hire Tel: 0118 972 3418

St Martin's Catholic Primary School

Pendennis Avenue, Caversham Park. Tel: 0118 901 5544

Website: www.stmartinscaversham.co.uk

If you would like a home visit please call Deacon Brian Theobald

Tel: 07484332580 or email dcn.brian.theobald@rcaob.org.uk

All Masses are live streamed and Mass streaming links can be found on our website

YEAR OF JUBILEE - PILGRIMS OF HOPE - A LENTEN REFLECTION

On Wednesday at 7pm in the church we continue to explore what Christian hope is.

This week: The Decision to Hope. Our response to God's Gift of Hope .

No need to have attended the previous session, as we will have a quick review

MISSIO / MILL HILL MISSIONARIES

Next weekend Fr Gerry Hastie, the Vicar General for the Mill Hill Missionaries, will celebrate all Masses. He will also talk about the work, and make an appeal on behalf, of the charity. Could this be a good way to support the Pope's charity for World Mission during this Lenten season of Almsgiving?

CAFOD in LENT

As we continue our Lenten appeal, CAFOD envelopes can be returned at anytime to the basket at the back of Church.

THOUGHT FOR THE WEEK

You will know that we have a number parishioners who contribute their Thought for the Week, which is published on our front page. It's edifying to read the different, thought-provoking viewpoints. If **you** would like to share your Thoughts you would be very welcome.

The rota is such that you would only need to contribute your **Thought** every 12 weeks or so, and it only needs to be around 400 words.

Email: fran.stm.news@gmail.com.

Lent WALK WITH ME: booklets and calendars - available at the back of the church.

The Parish operates in accordance with Statutory Safeguarding Guidance and the National and Archdioceses policies & procedures at all times. Our Parish Safeguarding Representative is **Mary Lewis** who can be contacted at: sg.stmichael.sonningcommon@rcaob.org.uk or alternatively the Diocesan Safeguarding team can be contacted by telephoning: 0121 230 6240 or emailing safeguarding@rcaob.org.uk if you have any concerns

Parish Liturgies for week commencing 16 March 2025

This weekend we welcome Fr Andrew Foster and Fr Michael Doyle

15/16 March Second Sunday of Lent

Saturday Vigil	5.30pm	Holy Souls
Sunday	9.00am	People of the Parish
Sunday	10.30am	Phyllis and Henry Belletty, R.I.P.
Monday	9.30am 7.00pm	Eucharistic Service Lenten Holy Hour
Tuesday	12.00pm	Mass
Wednesday	-	No liturgy
Thursday	9.30am	Mass (followed by Stations of the Cross)
Friday	9.30am	Eucharistic Service

22/23 March

Third Sunday of Lent

Saturday Vigil	5.30pm	People of the Parish
Sunday	9.00am	Holy Souls
Sunday	10.30am	Stephen Aldworth & Cotter family deceased
Confessions	Available before and after each of the weekend Masses	
Sacrament of the Sick	On request: ☎ 0118 972 3418	



STATIONS OF THE CROSS

20 MIN BEFORE THE START OF EACH WEEKEND MASS

Date for YOUR Diary

Sunday, 6 April	10.30am	Youth Mass
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**Please Pray for our Sick Parishioners, family and friends;
Lord, send your healing Spirit on all who are sick or distressed.**

Dominic Antão; Catherine Belletty; Robert Brooks; Joe Bunton;
Savanna Clark; Mary Edwards; Mary Hagger; Rogan Hodgson; Vivien Kear;
Jennifer Learmouth; Fr. Paul Rowan; Dominic Sakrouge; Peppin Sanz.
If circumstances change please ask for the name to be removed from the list.

For All Deceased Members of our Parish Family

We pray for all who have died, and for those whose anniversary occurs about this time:

May the light and joy of God's peace shine upon them.

Molly; Marnie Connors; Donna Armstrong; Doreen Felicidale; Petricia D'Souza;
Henry Kerr; Tess Lynch; Molly Luby; Jean Geoffreys; John; Vera; Alan Dant;
Mary Fallon; Henry Ernest Gibbons; Delia Hoban; Mary Ann Kerr; Iva Andrews;
Ted Cotter; Nancy Keogh.