## Thought for the Week 24th November 2019 The Feast of Christ The King

This Sunday signals the end of the Church's year. It is also known as "stir up Sunday" which could come from the tradition of making Christmas puddings in good time for the festive season...they really do taste better if they have a little time to mature! I'm sure that all those who made their puddings with Krissie on Friday evening will agree.

In the book of Common Prayer in the Anglican church, the collect for today begins

"Stir up, we beseech thee, O Lord, the wills of thy faithful people"

- a reminder that the end of the year gives a good opportunity for reflection on both the past twelve months and resolutions for the season of Advent and beyond.

We can use this time of reflection to ask for God's help to discern His will for us and also to give us the strength to follow His direction.

David was called to be a king, Paul reminds us that we are all called to be saints and the repentant thief was promised a place in paradise. We can all respond to the invitation to be part of the family of God in the small things that we do to help each other everyday.

Frank Turner's song "Be more kind" from his album of the same name which refers to the writings of Clive James has a simple chorus

"Be more kind, my friends, try to be more kind"