Thought for the week Trinity Sunday 2018 It seems that the whole world this week has be

It seems that the whole world this week has been talking about the royal wedding. The highlight was probably the speech by Pastor Curry of the Episcopalian Church of New York.

He caught the spiritual essence of this most wonderful of sacraments — love for each other, the fire of the Holy Spirit and the breath of God. With God on our side offering unconditional love who can be against us?

Trinity Sunday was when Jesus sent his disciples out to tell all nations of God's love for everyone — and pass it on.

They had been emboldened by the Holy Spirit on Pentecost Sunday. We are so strengthened when we receive the Sacrament of Confirmation and therefore we are obliged to breathe the fire and the wind of Love as the Holy Spirit asks us in our daily lives. Jesus came to teach us this.

The Trinity is a difficult concept for many to believe. We cannot explain it in scientific terms, but need to accept it with an act of faith on our part. The nuns who taught me were Irish and compared the Trinity to the Shamrock—a three leafed clover but still one flower.

God is love, Jesus is love the Holy Spirit is love. We must live and breathe love as Jesus taught us and, as Pastor Curry said, the world would be a wonderful place with no wars and no troubles. Let's start in our family and spread to our parish and community and then maybe we could create a small ripple of love, which would spread throughout this big pond of a world.

"Happy the people the Lord has chosen as His own" from Psalm 32

A Parishioner